

CERTUPDATE

A PUBLICATION FROM THE BOARD OF CERTIFICATION / SUMMER 2019

PLANTING SEEDS FOR SUCCESS

As CEO Denise Fandel heads into retirement, she looks back on 22 years of leading and growing the Board of Certification.

Passing the Torch

Fill the Gap: Finish the Year Strong with Professional Development

The Profession and Parenting: Strategies for Making It Work



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Letter from the President

Russell McKune, MS, ATC

The beginning of 2019 has been a time of excitement and transition for the BOC. Since last fall, the BOC Board of Directors has been engaged in the process of selecting a new chief executive officer (CEO) for the BOC. This past April, we announced the appointment of Anne M. Minton, MBA as the organization's new CEO. After conducting a national search, Minton's skills, expertise and 21-year history with the BOC made it clear that she was the right person to usher the organization through this time of change and into the future. You can learn more about Minton's appointment on page 9.

In January, the BOC Board welcomed Mary Kirkland as its new Athletic Trainer (AT) Director-elect. Kirkland will continue to observe and be mentored until her official term begins in January of 2020. In February, we published the [2018 Annual Report](#) that includes the many activities we were involved in throughout the last year. For National Athletic Training Month in March, we launched our *AT emojis* sticker pack as a fun way to promote the profession and an ongoing fundraiser for the NATA Foundation. Thank you to everyone who provided suggestions for the next round of new *AT emojis* that will be added to the sticker pack.

During our March board meeting, we engaged in extensive discussions about the environments in which ATs are working. This was an annual focus for our March face-to-face meeting. The ever-changing healthcare environment and the athletic training educational transition process were major topics.

We also had wide-ranging discussion on the many ways and places ATs are using their skills to assist our vast population of stakeholders.

We continue to monitor the regulatory climate. As ATs and other professions continue to face real challenges regarding occupational licensing, we have been assisting state regulatory boards in their responsibility for public protection. We remain actively involved in the Professional Certification Coalition (PCC). The PCC continues to address efforts to enact legislation that would undermine the recognition of certifications developed or offered by private certification organizations like the BOC. We will host our 9th regulatory conference in Omaha this July. We have renamed the BOC Regulatory Conference to the CARE Conference 2019 (Compliance and Regulatory Education: Best Practices for Athletic Training).

For those of you who have attended a National Athletic Trainers' Association district meeting, you may have seen members of the BOC Specialty Council present a general overview of the plans to add specialties within the athletic training profession. An online version of the presentation will be posted to the BOC website later this year. The council will be sending a survey to all ATs later this summer to help determine the eligibility requirements for the first specialty exam in orthopedics. We strongly encourage you to share your comments when you receive the survey.

The BOC participated in the World Federation for Athletic Training and Therapy again this year by attending the 10th World Congress in Tokyo. We were honored to be 1 of the sponsors of the program. Part of the focus of our participation was to ensure that the ATC® credential continues to be represented and recognized as a symbol and standard for the delivery of athletic training services around the globe.

We've mentioned the Maintenance of Competence (MOC) Task Force in previous editions of *Cert Update*. This Task Force has developed pilot programs for the components outlined in their draft recommendations. The purpose of the pilot projects will be to gather feedback from practicing ATs before any final recommendations are made. The BOC session at the NATA 70th Clinical Symposia and AT Expo in Las Vegas will provide information on 2 components the Task Force has developed. We hope you will attend Tuesday, June 25th from 12:45pm to 2:45pm.

As many of you are aware, Denise Fandel announced her retirement in November 2018. While it's difficult to find the right words to reflect all that Fandel and her leadership have meant, the BOC Board of Directors would like to express our sincere appreciation for the 22 years of service to the BOC, the athletic training profession and all of our stakeholders. Her incomparable leadership has helped to guide us through times of challenge and times of growth. Through this transition, the foundation upon which the BOC has been established is solid, and we are prepared to move forward with unwavering commitment to the vision of the BOC, to our partners and to our stakeholders around the globe.

As the BOC continues to offer new programs and credentials, the BOC Board and staff are committed to providing you with timely information we trust will be helpful to you as a practitioner, educator, BOC Approved Provider or member of the public and regulatory communities. On behalf of the BOC Board of Directors, I want to thank you for your continued commitment to providing quality healthcare services to your patients, athletes and clients.

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PLANTING SEEDS FOR SUCCESS

As CEO Denise Fandel heads into retirement, she looks back on 22 years of leading and growing the Board of Certification.



To say Denise Fandel had her work cut out for her might be an understatement.

After serving on the BOC's Board of Directors for several years, she was hired as the BOC's first full-time staff member and given 1 simple-but-ambitious goal: Grow the organization.

"In 1997, I was hired to create a national headquarters and build a professional staff," Fandel said. "Twenty-two years later, we have a dedicated staff of 19 and a wonderful office complex to serve Athletic Trainers (ATs) and the public they care for. The 4 groups that lead the profession have never worked together as well as they are today."

Two decades after she single-handedly got the BOC up and running, she is retiring and leaving behind a proud legacy.

The only chief executive officer (CEO) the BOC has ever known made a 27-year contribution to the organization that won't be soon forgotten because of the expertise, leadership and dedication she brought to

the athletic training world.

"There's never a perfect time to make a transition like this, but I believe now is the right time," Fandel said. "The BOC is acknowledged as a dependable and accomplished partner, both in the United States and within the global athletic training community. Our Board and staff teams are strong. Our capabilities and programs are well-positioned for future challenges and opportunities."

During her tenure as CEO, the BOC has grown to 19 employees serving more than 53,000 BOC Certified ATs worldwide. The BOC is also part of a tripartite mutual recognition agreement with Athletic Rehabilitation Therapy Ireland and the Canadian Athletic Therapists Association.

The BOC establishes athletic training practice standards and the continuing education (CE) requirements for ATs. The BOC also works with state regulatory agencies to provide credential information, professional conduct guidelines and regulatory standards on certification issues. The BOC has the only accredited certification



BOC Headquarters renamed in honor of Fandel

On March 15, 2019, the BOC Board of Directors honored retiring CEO Denise Fandel by christening the BOC's office—1415 Harney Street in downtown Omaha, Nebraska—as “The Fandel Building.”

“Obviously, this is a tremendous honor and very humbling,” Fandel said. “I’m so grateful to the Board of Directors, past and present, for the privilege of serving as the BOC CEO.”

The BOC Board, staff and members of Fandel's family gathered at a dedication ceremony March 16th to celebrate. Following the event, the BOC Board and staff hosted a retirement party in its CEO's honor to help commemorate her 27 years of service to the BOC.

program for ATs in the United States, and the BOC exam is recognized as the benchmark requirement for the regulation of ATs.

Fandel studied at St. Cloud State University in Minnesota as an undergraduate before completing her graduate studies at the University of Nebraska Omaha (UNO), earning her master's in physical education with an emphasis in exercise science. While at UNO, she rose from a graduate assistant to assistant Athletic Trainer, 1982–85, and enjoyed a 12-year run as the head Athletic Trainer of Maverick Athletics. In 1997, she left UNO to become the BOC's CEO.

“Her vision and leadership have helped guide not only the BOC but also the profession through times of challenge and growth,” said BOC President Rusty McKune, MS, ATC.

“While she will be missed, the foundation upon which the BOC stands, which she has helped to establish, prepares us to move forward with unwavering consistency and commitment to the vision of the BOC and to our partners and stakeholders around the globe.”

Fandel is leaving the industry better than she found it, having created stronger ties between all corners of the athletic training world. Fandel sees nothing but a bright future for the BOC and the industry.

“The foundation of the athletic training community is connectedness,” Fandel said. “I am very grateful to all my colleagues for their support and wisdom. There has never been a better time to be a member of the athletic training community!”

“The impact that Denise has had on the BOC and the athletic training profession is incomparable. We are all indebted to her knowledge, her wisdom and her insight.”

— Rusty McKune, MS, ATC, BOC President



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PASSING THE TORCH

After a national search, BOC selects longtime executive,
Anne Minton, to take the mantle of CEO.



After an extensive national search, the BOC has chosen Anne M. Minton, MBA, its current chief operating officer (COO), to replace retiring Chief Executive Officer (CEO) Denise Fandel, MBA, CAE.

The selection was made following a joint national search led by Chicago-based executive firm Tuft & Associates, Inc., in partnership with the BOC Search Committee and its Board of Directors. Minton assumed her new duties on May 1, 2019.

"After conducting a national search, the skills, expertise and 21-year history she has with the BOC made it clear that Anne was the right person to usher the BOC through this time of change, and into the future," said BOC President Rusty McKune, MS, ATC. "We have the utmost confidence in her ability to continue to lead the organization and our team in the fulfillment of our vision and in our commitment to our partners around the globe."

Minton has been part of the BOC since 1998, beginning as director of operations before being promoted to assistant executive director (2007–2014), associate executive director (2014–2018) and COO (2018–2019). During her career with the BOC, Minton was essential in several milestones for the organization. In 2008, she led the search and renovation of the organization's national headquarters

in downtown Omaha, Nebraska, and also established its downtown conference center, 1415-The Meeting Space. Her strategic leadership was instrumental in growing the staff to 19 full-time employees over the past 21 years.

"I am honored to be chosen to lead the BOC's many strategic goals, including specialty certification and our global presence," said Minton. "I look forward to working with the Board, staff and AT Strategic Alliance as we continue the growth and development of our mission and vision while advocating for Certified Athletic Trainers and the public they serve."

Minton holds 3 academic degrees, all from Bellevue University in Nebraska: a Bachelor of Science in Marketing Management (2000), Master of Arts in Management (2009) and Master of Business Administration (2017). She also has extensive local and national connections through her memberships and affiliations in groups such as the Federation of Associations for Regulatory Boards (FARB), American Society of Association Executives (ASAE), Nebraska Society of Association Executives (NSAE), Institute for Credentialing Excellence (ICE), American Marketing Association (AMA), Society for Human Resource Management (SHRM), Downtown Omaha, Inc. (DOI) and Omaha Old Market Association (OMA).

"My connection to the BOC, its people, the mission and the way we hold our business in the highest regard with exceptional integrity is what drew me in, and most importantly, is what keeps me here."

Fill the Gap:

Finish the Year Strong with Professional Development

The 2018–2019 Continuing Education reporting period reaches its final straightaway

Continuing education (CE) is an essential component of your professional development, ensuring patients served by Athletic Trainers (ATs) receive the best care possible.

That's why the BOC is reminding all ATs to take advantage of any remaining CE opportunities—pre-determined educational needs or professional practice gaps.

Here's your homework for the homestretch: Fill your knowledge gap

The 2018–2019 CE reporting period closes at **11:59pm CT on December 31, 2019**. To maintain certification, ATs must complete their BOC certification maintenance requirements and achieve their professional development goals by this time.

Taking your learning to the next level shouldn't be a hassle. In fact, it's an easy way to better your craft.

That's the way Jennifer Krueger, MA, ATC, sees it. As the injury prevention and care coordinator for the University of Nebraska–Lincoln's Campus Recreation department, she approaches CE as an opportunity to better serve her constituents.

"When I select my continuing education, I try to pick out a few things that will help me in my current setting, which usually are general medical conditions or updates on concussion research," Krueger said. "I also try to select an area of improvement, whether it is from an area of legal and risk management issues or evaluation or rehabilitation of a specific body part I might not see regularly in my setting. This way, I can improve on areas I need work in but also stay up to date in the skills I need day to day for my practice."

Krueger is strategic with her CE in other ways, too. She takes advantage of her employer covering CE costs and explores the different offerings of the National Athletic Trainers' Association's symposiums and conferences at the local, state and district level. When it comes to making a choice about how to earn her continuing education units, she selects the opportunities that are a better fit for her personal learning style.

"I am a hands-on learner and would rather go to lectures where people are speaking than utilize home study courses," Krueger said, "so it works to my benefit to have these opportunities often within driving distance."

Whatever you choose, make sure your learning addresses an area of need in your professional development.



[SEARCH CE PROGRAMS →](#)

Spotlight on Continuing Education:

Understanding Category B and Category D

When an Athletic Trainer (AT) renews their national certification, it shows they value professional development, evidence-based practice and the BOC mission of protecting the public. Categories B and D are great avenues for Certified ATs to maintain certification through academic pursuits.



Category B: Professional and Scholarly Activities

Category B provides educators, preceptors, researchers and speakers the ability to claim continuing education units (CEUs) for a variety of approved continuing education (CE) activities, such as:

- ✓ Serving as a speaker, panelist or author of a poster presentation at a conference or seminar
- ✓ Authoring published media like an article, abstract or textbook
- ✓ Serving as a preceptor for a Commission on Accreditation of Athletic Training Education (CAATE)-accredited athletic training program*

Refer to the [Certification Maintenance Requirements](#) for a complete list of activities that qualify for Category B.

Activities sometimes reported in Category B which DO NOT qualify for CEUs are:

- ✗ Teaching a college or university course
- ✗ Speaking to administrators, booster clubs, coaches, parents or students**

ATs with 50 CEUs due (certified in 2017 or before) can report a maximum of 33 Category B CEUs.

ATs with 25 CEUs due (certified in 2018) can report a maximum of 17 Category B CEUs.

Category D: Non-Approved Provider Programs

ATs often overlook Category D when fulfilling requirements for the reporting period. Here's a closer look at a category worth remembering.

Category D allows CEUs to be earned for activities provided by companies or organizations other than BOC Approved Providers. Each activity is worth 1 CEU per contact hour with educational content at or above entry-level knowledge falling within the domains of athletic training.

These can come from activities such as:

- ✓ Surgery observation including an educational component with objectives
- ✓ Advance Cardiac Life Support (ACLS), specifically the content learned beyond basic life support which typically accounts for about half the course
- ✓ Dually credentialed ATs earning CEUs through their other profession from providers not approved by BOC

Refer to the [Certification Maintenance Requirements](#) for a complete list of activities that qualify for Category D.

ATs with 50 CEUs due (certified in 2017 or before) can report a maximum of 28 Category D CEUs.

ATs with 25 CEUs due (certified in 2018) can report a maximum of 14 Category D CEUs.

*New for 2018–2019.

**ATs can earn CEUs for speaking if the audience is comprised of credentialed healthcare and/or wellness professionals (i.e., ATs, PTs, RNs, PAs, PTAs, MDs, DOs, CPTs).

Photo courtesy
of St. Luke's



New BOC Approved Providers

The following organizations have newly completed the requirements to become BOC Approved Providers. If you have any questions, please contact the BOC office.

[5 Tool Sport LLC](#)

American Musculoskeletal Institute

[Architech Sports and Physical Therapy](#)

ATGenius.com

[Banner University Medical Group](#)

Baylor Scott & White Health - Sports Medicine
Education

[California Concussion Institute](#)

Center for Joint Preservation

[Center for Sport](#)

Cole Consulting Services, Inc.

[Colorado Athletic Trainers' Association](#)

Columbia University Center for Shoulder, Elbow and
Sports Medicine

[District of Columbia Athletic Trainers' Association](#)

Dr. Fitzgerald & Associates

[EmergeOrtho](#)

Lancaster General Hospital

[Louisiana Physical Therapy Association](#)

Methodist Sports Medicine

[Metro Health Sports Medicine](#)

Montana Sports Medicine

[MORACT Technique Japan](#)

OSET Inc.

[Peak Performance Consulting, LLC](#)

Performance Dynamics, Inc.

[Professional Baseball Athletic Trainers' Society
\(PBATS\)](#)

Rady Children's Hospital - San Diego

[Rothman Orthopaedics Concussion Network](#)

San Luis Sports Therapy & Orthopedic Rehab

[South Coast Seminars](#)

Spectrum Health Medical Group

[The Science PT](#)

Training & Conditioning

[UMBC Sports Medicine](#)

Virginia Shoulder & Sports Medicine Research
Foundation

[WaterArt Fitness International](#)

Work Right NW

**Learn more about our featured BOC Approved
Provider, University of Nebraska Omaha,
in the 2019 spring AP Update.**

AT emojis – BOC's Fundraiser for NATA Foundation

AT emojis are Available on
Android™ and Apple® Devices



AT emojis are fun and for a purpose! Our love of Athletic Trainers (ATs) and the athletic training profession was the inspiration for *AT emojis*. *AT emojis* are a sticker pack add-on for the Gboard app for Android and the iOS iMessage app for Apple. Net proceeds from *AT emojis* benefit the NATA Foundation. This organization champions research, supports education and enhances knowledge to optimize the clinical experience and outcomes within the diverse patient populations served by the athletic training profession.

The BOC plans to continue developing new *AT emojis* to add to our sticker pack in the future. The goal is to maintain *AT emojis* as a year-round fundraiser for the NATA Foundation. Learn more about *AT emojis* at our [AT emojis User Guide](#).

To purchase, search using keyword “bocatc” in Apple’s App Store or Google Play for Android.



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Maintenance of Competence Task Force Makes Progress

The Maintenance of Competence (MOC) Task Force had their 4th face-to-face meeting April 5-6 at the BOC headquarters in Omaha, Nebraska. The Task Force contains representatives identified by each of the members of the Strategic Alliance.

Last year, the Task Force formed 2 groups of Athletic Trainers (ATs) and other healthcare professionals who will test 2 pilot projects.

1. The first pilot is a self-assessment module (SAM) on the topic of mental health
2. The second pilot is in a new area for many athletic training professionals: quality improvement (QI)

Both pilot projects are moving forward as expected. Furthermore, the Task Force feels they have met the original charge of the BOC Board of Directors including:

- Identify strategies that allow for demonstration of maintenance of competence beyond the accumulation of continuing education (CE) credit alone
- Recommend enhancements of the current recertification system that allows for varied educational and assessment activities needed to ensure the maintenance of continuing competence
- Identify the components of the self-assessment module(s) (SAM) and the subject matter areas that can be offered for future CE credit

ATs should look for more information later this year for potential participation opportunities available during the 2020-21 reporting period.



The Profession and Parenting:

Strategies for Making It Work

With the long hours and odd schedules Athletic Trainers (ATs) have, it can be a challenge to balance work and family life. In this series, we will present stories about ATs who were able to successfully juggle their professional and personal lives, and we feature real stories from AT parents who “make it work.”

Cathy P. Supak, LAT, ATC, outreach AT, raised a family during her successful athletic training career and took time to look back and share how she made everything work in a recent Q&A.

What’s your current role, and how long have you been with your employer?

I’m an outreach AT at Houston Methodist Clear Lake Hospital. I have served as an outreach AT for the past 27 years. Since 2016, I have also been with Pasadena Independent School District (ISD). Prior to that, I worked at Clear Brook High School in Clear Creek ISD for 23 years. I plan to retire in July to spend more time with my family and parents.

BOC: How did you start a family during your career?

My husband, Ray, and I have been married for 33 years. We both grew up in large families and helped take care of our younger siblings, so having children was important to us. When our first child, Amanda, was

born, we decided I would stay home with her. Two years later, our son Cameron was born.

Being a mom is the best and toughest job, but it has given me a better perspective when communicating with parents once I returned to being a full-time AT. Before marriage and children, I worked as a high school AT and taught 4 academic core classes. I returned to full-time employment when Amanda was 4 and Cameron was just shy of 2 years old.

How were you able to balance your personal and professional life after having children?

Finding the right job setting as a mother of young children was imperative, and I was blessed to find a hospital outreach program for schools.

Over the past 27 years, the amazingly supportive supervisors

and hospital administrators ensured the work-family balance for me and the other ATs. For example, initially, ATs assisted in physical therapy (PT) clinics before heading to their assigned schools each day, but then the schedule changed to being at the schools full time with alternating early and late arrival times. This wonderful schedule revamp allowed me time on my late arrival days to see the kids off in the morning, volunteer at their school, drive for a carpool and even catch up on household duties. I credit the flexibility in my job and my husband's unconditional support as the reason I have found a good balance in parenting and being an AT.

In addition to being a rock star supportive spouse, Ray is an industrial safety engineer who keeps chemical plant and refinery workers safe. Fortunately, Ray's job has been an hour's drive from our home 85% of the time. However, during one project, located 4 hours away, Ray drove home on Tuesday and Fridays to pick up the children from after-school care, prepare dinner and check homework while I covered night games. He would depart at 4:00am the following morning.

How old are your kids now?



We have 2 grown children: Amanda, 31, is married and lives in Minneapolis, Minnesota. She is a clinical dietitian for Regions Hospital in St. Paul, Minnesota. Our son Cameron, 29, is an ordained minister and serves as Pastor of First United Methodist Church in Marlin, Texas.

Are you involved in any activities outside the home?

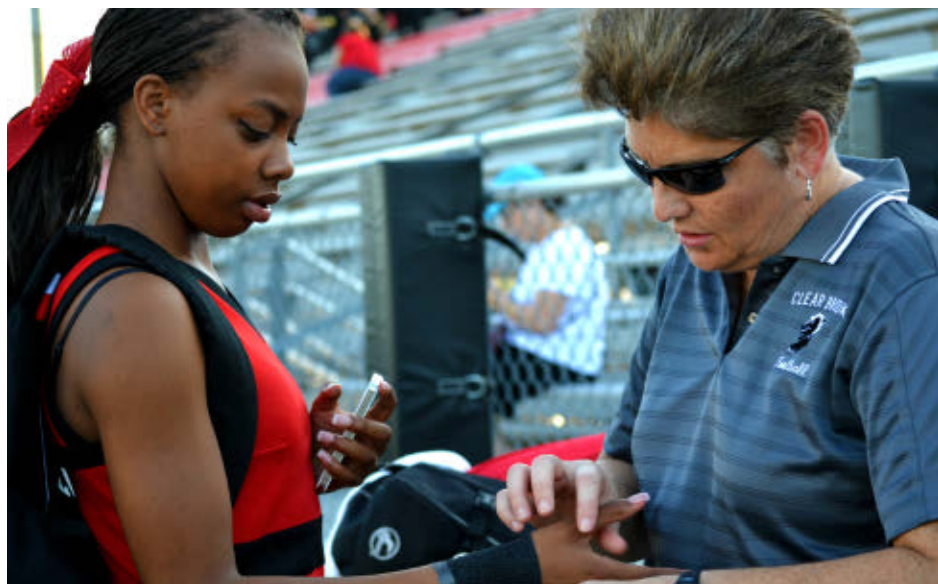
Gardening, especially tending to our front yard full of azaleas. I truly enjoy taking landscape photography and occasionally playing a round of golf.

Can you share from your experience balancing being a parent and an AT?

I was always looking for opportunities to find time to spend

with my kids or as a family, such as delivering lunch, spending a few minutes visiting one-on-one or switching coverage of games to attend 1 of the kid's events. When possible, during halftime of high school varsity football games, I would step outside of the locker room to catch the kids' marching band performances.

Our children also learned about the resourceful and dependable network of ATs—how we take care of each other and our families. Since we live just 30 miles from the Texas Gulf Coast, evacuations for tropical storms and hurricanes are regular part of our life. A major hurricane approached in August of Amanda's high school senior year, just days before taking the SATs. In the midst of evacuating to Austin, I reached out to a high school AT in that area who collaborated with their school counselor to get Amanda's testing site changed. Thankfully, Amanda took the test as scheduled. I have never forgotten that act of kindness and professional courtesy of total strangers.



Click here to read the full article.



Industry News:

Orthopaedic Surgeon and Athletic Trainer Practicing in a Military Setting

In our last issue, we wrote about the United States Marine Corps (USMC) Sports Medicine and Injury Prevention Program. Now, we take a more in-depth look at what it takes to become an Athletic Trainer (AT) and orthopaedic surgeon in the military, interviewing Cmdr. James Hammond, DO, ATC, about his career.

James Hammond completed his bachelor's degree in Sports Medicine/Athletic Training in 2001 at Southwest Missouri State University (now Missouri State University). While working as an Athletic Trainer (AT) for semi-professional baseball, hockey and high school teams, he learned a lot of practical skills in a real-life setting. In 2006, he earned his Doctorate in Osteopathic Medicine from Kansas City University of Medicine and Biosciences before moving to Portsmouth, Virginia, where he completed a residency in orthopaedic surgery at the Naval Medical Center Portsmouth (NMCP).

Hammond completed his fellowship at Rush University Medical Center and returned to NMCP where he began covering the special operations forces. He became the shoulder and elbow subspecialist for the entire Navy Medicine East region, which covers the eastern seaboard of the United States as well as Europe and

Bahrain. During his time, he served in multiple leadership positions, and he currently serves as the Chairman of the Department of Orthopaedic Surgery, Vice Chair of the Bureau of Medicine Neuromusculoskeletal Sub-Community on Sports Medicine and Vice Chair of the NMCP Professional Development Committee.

In a typical day, Hammond starts with a morning report with residents and then spends the rest of his day in one of the various clinics.

"Depending on the day, I either am in the clinic, the operating room or performing my administrative duties as Chairman," Hammond said.

Hammond is thankful to have his athletic training certification as it relates to his role as an orthopaedic surgeon.

"My background as an AT helps enhance my understanding of post-operative rehabilitation. It also helps me as I build rapport with the team that I work with on a daily basis," he said. "You can think of the special operations community as a professional sports team to some degree. Here I work intimately with our ATs and PTs (physical therapists) in the care of tactical patients and we are constantly assessing them and their ability to be functionally ready for the demands

their jobs require. We talk about functional testing and looking at the whole patient beyond their injury and surgery. I have found that being an AT has earned me some 'street credit,' if you will, and has helped me gain the trust of this team in a deeper way."

Hammond is passionate about athletic training education and believes his athletic training background is invaluable, explaining how lucky he is to take care of service men and women.

"I get to take care of people who have given of themselves to ensure the safety of our nation," Hammond said. "It is a great honor to care for these individuals. I play a small role in working with the leadership that is encouraging Navy medicine to be the best it can be, which is a great honor."

Hammond exudes passion for his job, leading him to earn several career achievements. He notes that the greatest honor was being named "Teacher of the Year (2018)" by the residents at NMCP.

"It is such an honor to be entrusted with training future generations of Navy orthopaedic surgeons and for them to think enough of me to be selected for that award was just incredible," he said.

It makes sense that Hammond has earned the title of being a great teacher because he has sage advice for young ATs. His mantra—work hard, do your best, learn all you can and never burn a bridge—is one that everyone should live by. He also stresses the importance of finding a mentor.

"If it wasn't for the mentors I had in our athletic training program, I never would have gained the insight in myself nor the confidence to ever apply to medical school," Hammond said. "So many professors invested their time, efforts and knowledge in me. I owe a good part of where I am today to those great people. So, find a mentor in your program, or if you are an instructor please seek out those who you can mentor. Your efforts may impact others in ways you never imagined!"

Hammond is an inspiration to all ATs. He embraces the job he does every day and



understands that treating patients is honorable work. In his opinion, the long days are worth it.

"My experience in seeing patients, honing my physical exam, musculoskeletal diagnoses, and the understanding of kinesiology, exercise physiology that athletic training provides is invaluable," he said. "I would not have changed my path for the world, and I am honored to be counted among the great ATs working every day across

LIVE CEU OPPORTUNITIES



The Foundation for Orthopaedic Research & Education is approved by the Board of Certification, Inc. to provide continuing education to Certified Athletic Trainers. (P3115)

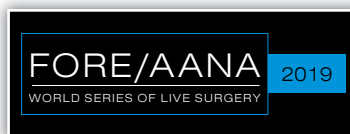
Check out these upcoming courses to earn CEUs!



July 18-19, 2019
Plymouth, Michigan
Credits Pending



July 26-28, 2019
Clearwater, Florida
18.75 Category A hours/CEUs



September 13-15, 2019
Chicago, Illinois
21.75 Category A hours/CEUs



November 21-22, 2019
New York, New York
Credits Pending

Visit FOREonline.org/boc

for registration info and updates!



In-Depth Look:

An Athletic Trainer for World Wrestling Entertainment

Describe your setting:

My practice is based out of the World Wrestling Entertainment (WWE) Performance Center in Orlando, Florida where our WWE NXT brand is located. We have 92 patients who train full-time at our facility and about 75 who travel full-time on the road. We are a staff of 6 Athletic Trainers (ATs) where 4 are based in Orlando and 2 travel full-time on the road with our brands Raw and Smackdown. We stay busy!

My role as a dual-certified PT/AT is overseeing rehabilitation. At any given time, we have a half-dozen long post-surgical rehabs going on along with dozens of other shorter injury rehabs and preventative maintenance projects with our patients. We have implemented neck injury prevention programs, ACL prevention programs, individual corrective exercise programs based on functional movement screen results and other athletic training duties. I also have the duty of doing return-to-sport protocols specific for each patient based on their role in the ring as a sports entertainer.

Describe your typical day:

My typical day starts at 8:00am and ends at 4:00pm. During the day, we have our 92 patients separated into training classes. At some point, each class trains in the ring with their respective coach and in the weight room with our strength coach. According to class times, our patients come in for rehab and our longer rehabs, which require a lot of manual treatments or more attention, are spread out throughout the day.

Some days, I'm in the athletic training facility all day or I'm out by the wrestling rings doing return-to-play protocols. Other days, I'm in



Tara Halaby, DPT, ATC, FST 2 is a physical therapist and Athletic Trainer for World Wrestling Entertainment. Halaby has been practicing as an Athletic Trainer for over 12 years and has been with WWE for 6 years.



the gym with my patients who are in the plyometric or strengthening phases of rehab running them through exercises or putting them through a workout on the turf. Then, there are times I'm on the road covering a show for tour days. Tour days include daily travel since we perform in a different city every night. We set-up and take-down a pop-up athletic training facility at whatever venue we're occupying for the night. My role during show coverage consists of basic sideline coverage, first aid, assisting the physician and taping and stretching before showtime.

What do you like about your position?

I love the people who I work with and the lack of redundancy of my job. The traveling can be fun if I can meet up with friends or family along the way or travel to new places. Every day is different, and you know what they say about show business!

For most of my patients, making it to WWE is a lifelong dream and wrestling is their livelihood. I love getting to know my patients as humans instead of WWE superstars. Each patient has been great, and their families are amazing. I love my job!

What advice do you have about your practice setting for a young AT looking at this setting?

Well, go out and get experience. Take the internships, meet people, network, work hard, stand up for what you think is right, love your job and don't take the day-to-day challenges so seriously.

LEGISLATION NEWS

The BOC tracks state and federal regulatory actions affecting the athletic training profession. Visit the [BOC website](#) to view the full list of legislative bills that affect Athletic Trainers (ATs).

California	AB1592 licenses ATs
Colorado	HB1083 updates AT Practice Act from registration to licensure (Signed by Governor)
District of Columbia	B22-0688 updates the current AT law, expanding scope and moves licensure from the PT Board to the Board of Medicine (Law Number L22-0300 Effective from Apr 11, 2019)
Massachusetts	H3483 and S1338 updates AT Practice Act
Missouri	SB247 updates AT Practice Act
Mississippi	HB1047 amends MS Code to require the payment of an annual salary supplement and one-time process reimbursement to licensed athletic trainers acquiring a national certified athletic trainer certificate from the BOC (2/5 – Died In Committee)
New Jersey	S2721 updates AT Practice Act (2/7 – introduced last year and has not moved since June)
Oregon	SB742 updates the AT Practice Act and goes from registration to licensure
South Carolina	H3621 updated AT Practice Act (Signed by Governor)
Tennessee	SJR0145 urges all middle and high schools to have ATs on staff (Signed by Governor)
Washington	SB5688 updated AT Practice Act (Signed by Governor)
West Virginia	SB60 updates AT Practice from registration to licensure (Signed by Governor)

Monitor legislative bills that affect ATs with the Bill Widget under State Regulators on the [BOC website](#). Click on Legislation to see current bills.

Professional Practice and Discipline

The Professional Practice and Discipline Committee is responsible for the oversight and adjudication of the [BOC Standards of Professional Practice](#), which consists of the Practice Standards and the Code of Professional Responsibility. The Committee has jurisdiction over all BOC Certified Athletic Trainers (ATs) and both current and prospective BOC exam applicants. [The BOC Standards of Professional Practice and Professional Practice and Discipline Guidelines and Procedures](#) can be viewed on the BOC website.

Disciplinary Actions

The following is a summary of the violations that were reported and decided on by the Committee from August 20, 2018 to March 21, 2019:

BOC Exam Applicants/Candidates

67 Candidates were found guilty of taking action(s) that lead to or may have led to a conviction (Code 3.11) (Code 3.9 from BOC Standards of Professional Practice implemented September 2016)

- granted exam eligibility and if necessary, placed on probation for a period of 3 years once certified (66)
- denied predetermination of eligibility (1)

BOC Certified Athletic Trainers

1 AT failed to communicate effectively and truthfully with patients and other persons involved in the patient's program, while maintaining

privacy and confidentiality of patient information in accordance with applicable law (Code 1.4) and was issued a private censure and an ethics course

45 ATs failed to comply with the most current BOC recertification policies and requirements (Code 2.2) and were issued the following disciplinary action(s):

- private censure (36)
- private censure and ethics course (4)
- private censure and audit (3)
- public censure and probation (2)
 - Rahn Aquizap (certification 119102396)
 - Christopher Shearer (certification 029802664)

194 ATs failed to comply with the most current BOC recertification policies and requirements (Code 2.2) and were not candid, responsible and truthful in making any statement to the BOC, and in making any statement in connection with athletic training to the public (Code 3.8) (and were issued the following disciplinary actions:

- private censure (69)
- private censure and ethics course (4)
- private censure and audit of the 2018-2019 CE reporting period (90)
- private censure, audit of the 2018-2019 CE reporting period and ethics course (13)
- public censure and scheduled reporting (1)
 - Sandra Herring (certification 069202442)
- suspended (17)
 - Hannah Barrow (certification 2000022991)
 - Ashley Crum (certification 090702119)
 - Mark Donetz (certification 119502507)

- Brandon Green (certification 2000002198)
- Jill Perez-Guerra (certification 029402482) certification reinstated
- Mitchell Howard (certification 2000007743)
- Chie Koizumi (certification 2000005716)
- Sarina Kyle (certification 2000019268)
- Lauren Lattimer (certification 2000000231)
- Martin Lawrence Llamas (certification 2000026741)
- Dany Lowell (certification 080302284)
- Chad Martin (certification 060702072)
- Stacy Moore (certification 010402003)
- Madeline Simon (certification 2000020648)
- Eleanor Steur (certification 2000019305)
- Neil Toussaint (certification 2000018169) certification reinstated
- Seth Walton (certification 2000023656)

8 ATs failed to comply with state law pertaining to the practice of athletic training (Code 3.2); and were found guilty of practicing without a state license for a period of time

- private censure (2)
- public censure (1)
 - Dakota Gelsheimer (certification 2000018345)
- private censure and ethics course (2)
- private censure, probation, ethics course (1)
- public censure and ethics course (1)
 - Sara Kelley (certification 2000021922)
- public censure, ethics course and probation (1)
 - Darrell Turner (certification 090202055)

1 AT was found guilty and/or did not contest taking action(s) that led to or may lead to a conviction (Code 3.10) from BOC Standards of Professional Practice implemented 2016)

- suspension
 - Jason Meharry (certification 2000028829)

1 AT was found guilty and/or did not contest taking action(s) that led to or may lead to a conviction (Code 3.11 from BOC Standards of Professional Practice implemented 2016) and failed to comply with state law pertaining to the practice of athletic training (Code 3.2)

- suspension
 - Jason Mussman (certification 2000005301)

9 complaints were submitted regarding an AT

- pending (4)
- dismissed for insufficient evidence (4)
- appropriate action was taken (1)

100 cases were dismissed

The BOC posts all public disciplinary actions on the [Disciplinary Action Exchange](#) (DAE). The DAE can be found on the BOC website. The DAE is also available to states to post state regulatory disciplinary actions.

If any member of the public (BOC Certified Athletic Trainer, employer, consumer, etc.) feels that an individual has violated one or more of the [BOC Standards of Professional Practice](#), they can file a complaint. The online complaint form can be found on the [BOC website](#).



News in Brief



Pictured from left to right: BOC President Rusty McKune, NATA Foundation President Brian Conway, CAATE President LesLee Taylor and NATA President Tory Lindley.

AT Strategic Alliance In Action

On October 1-2, 2018, the AT Strategic Alliance met in Omaha, NE, at the BOC national office for their annual 2-day summit. The AT Strategic Alliance meets 2 to 3 times per year to identify collaborative opportunities and to engage in discussions related to each organization's role in the future of athletic training for our stakeholders.

As a part of their visit, the AT Strategic Alliance partners attended the University of Nebraska Omaha (UNO) Student Symposium and Fall Forum meeting, sponsored by the UNO College of Education and the Nebraska State Athletic Trainers' Association. Each of the presidents participated in a panel discussion with the students, Program Directors and educators from various athletic training programs in Nebraska.

On January 25, the AT Strategic Alliance presented at the National Athletic Trainers' Association Joint Committing Meeting (JCM) to NATA leadership. The presentation was another opportunity for the AT Strategic Alliance to demonstrate their strength and unity, as well as participate in important events within the athletic training community - highlighting advanced clinical practice, research and maintenance of competence.

Learn More About Self-Assessment and Quality Improvement at NATA

During the NATA 70th Clinical Symposia & AT Expo, the BOC will host a session on the topic of self-assessment and quality improvement (QI). In 2016, over 400 ATs participated in a Portfolio Pilot Project. This project was conducted by the BOC and included self-assessment. During the session, the investigators will share the results of the project as well as some of the recommendations they presented to the BOC's Maintenance of Competence Task Force.

As a concept, QI may be new to many ATs, but not so in practice. The presenters will share the concept of QI and its positive impact as a tool for improving patient care, the delivery of care and to continue professional development through continuous QI. The core of the presentation on QI was presented during the 2019 Athletic Training Educators' Conference earlier this year.

BOC Holiday Closures

Independence Day: July 4, 2019

Labor Day: September 2, 2019

Thanksgiving: November 28-29, 2019

Winter Holidays: December 24-25, 2019

New Year's Day: January 1, 2020

Martin Luther King Day: January 20, 2020

Good Friday: April 10, 2020

Memorial Day: May 25, 2020

We Hope to See You at the NATA Convention!

The 70th NATA Clinical Symposia & AT Expo, June 24-27 in Las Vegas, is just around the corner, and registration is still open. Visit the [NATA convention website](#) to learn more about this year's educational offerings, housing and registration. Attendees can also download the [NATA Events app](#) to stay in the know on everything NATA 2019 related.

To save on NATA 2019 registration, consider becoming a NATA volunteer. All volunteers who work 10 hours or more are reimbursed a portion of their registration fee. Pre-registration for the convention is required.

[Click here](#) to learn more.

Congratulations to the NATA Award Winners

NATA announced its 2019 award winners in February. This year, 7 members were inducted into the NATA Hall of Fame: Patricia A. Aronson, PhD, LAT, LPTA, ATC, David Csillan, MS, LAT, ATC, Christopher D. Ingersoll, PhD, AT, ATC, Timothy Neal, MS, AT, ATC, CCISM, Scott R. Sailor, EdD, ATC, Gretchen Schlabach, PhD, ATC, and Charles "Skip" Vosler, AT Ret. In addition, 19 members were awarded the Most Distinguished Athletic Trainer honor and 23 earned the Athletic Training Service Award. All the national award winners will be honored during the NATA 2019 General Session this June in Las Vegas. [Click here](#) for more information and a full list of honorees.

PR Committee Offers New Grant Program

The NATA PR Committee is accepting submissions for the External Marketing & Public Relations Grant Program. The grant is designed to help Athletic Trainers (ATs) act and advocate for the profession. For financial support for initiatives that will positively impact the public image and effectively communicate the knowledge, skills and value of the AT, visit the [online grant application](#) to learn more about application requirements or submit your application.

Apply for the International Speaker Program

The NATA International Speaker Program provides funding support to athletic training scientists and clinicians who wish to present their research or intellectual content at conferences or symposia outside of the United States. Applications may be submitted at any time during the calendar year but must be received at least 2 months prior to a conference to receive full consideration. Applicants may request up to \$5,000 to cover preapproved expenditures related to the conference. For more information or to apply, visit the International section of the [NATA website](#). Review the International Speaker Program Funding FAQ prior to submitting your application.



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